

# North Camden Chorus

Covid precautions for North Camden Chorus rehearsals

NCC Committee

2nd October 2021 (2nd edition)

## Why do we need this?

The Covid epidemic is not over, and many people (about 1% of Londoners, rather more in the rest of England) are currently infectious. When you sing you breathe out forcefully (spreading any virus you might be carrying) and breathe in deeply (taking other's breath into your lungs). Choral singing is Covid's delight; we need to make sure our rehearsals are reasonably safe.

What can we do? Wear masks when not singing; sing in a well-ventilated hall (so bring warm clothing), space yourself out from other singers, and don't attend when you just might be infectious.

## BEFORE REHEARSAL

If you can, please take a home test on Tuesday. It's annoying and fussy, but if most of us take tests it will provide significant extra protection. Test kits are free (in packs of 7) from most pharmacists and elsewhere.

**Do not come to choir** if you or anyone you have regular contact with have any symptoms (or more obviously, a positive test). If you have symptoms or a positive test yourself, please let the choir know by email to [contact@ncchorus.org.uk](mailto:contact@ncchorus.org.uk)

If you are not double-vaccinated, please contact the choir before attending a rehearsal.

## AT REHEARSAL

**Please wear a face mask** from the door until we're singing, and again during break and when we're leaving.

Contact tracing requirements mean that we must know who attends and who you sit near. Make sure you tick the attendance sheet before you enter the hall, using your own pen/pencil. Then one of us will photograph each group of seats, probably as Ian does his announcements before the second half. Those photographs will be stashed away unless needed to figure out who was sitting near to a possible covid source (and will be deleted at the end of term).

At break time please **leave the hall** and do any socialising outside the hall in corridors or (even better) the open air.

Please continue to sit spaced out as we have been. That is, singers on every other chair along the row, and shifted from row to row so there is nobody directly in front or behind.